Enlyte, Workers' Comp

# Behavioral Health Trends in Workers' Compensation

June 1, 2026
3 MIN READ
Author profile image


**Jim Harris**

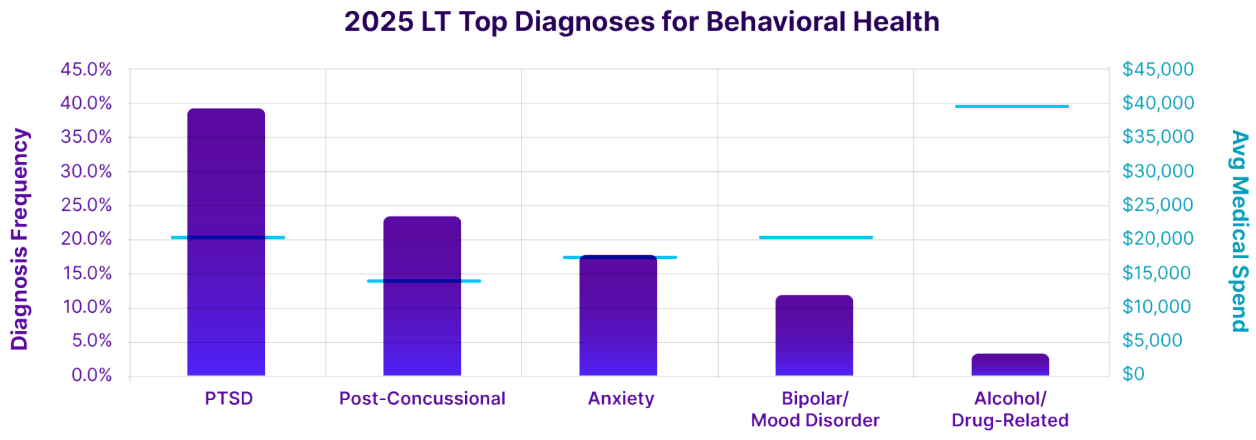
**Vice President, Analytics & Reporting**


**Part 2: Behavioral Health**

**2025 Behavioral Health Study: Impact of Behavioral Health Treatments on Lost Time Workers' Compensation Claims**

This study looked at all lost-time (LT) claims with dates of injury 1/1/2025–12/31/2025, valued at 15 months (3/31/2026) to determine the impact of behavioral health treatments on workers' compensation claim costs.

We looked at the impact of behavior health treatments (identified by diagnosis and/or CPT treatment codes) on the total medical costs of claims, the total medical treatment duration days, and the frequency of the different types of behavioral health diagnoses.



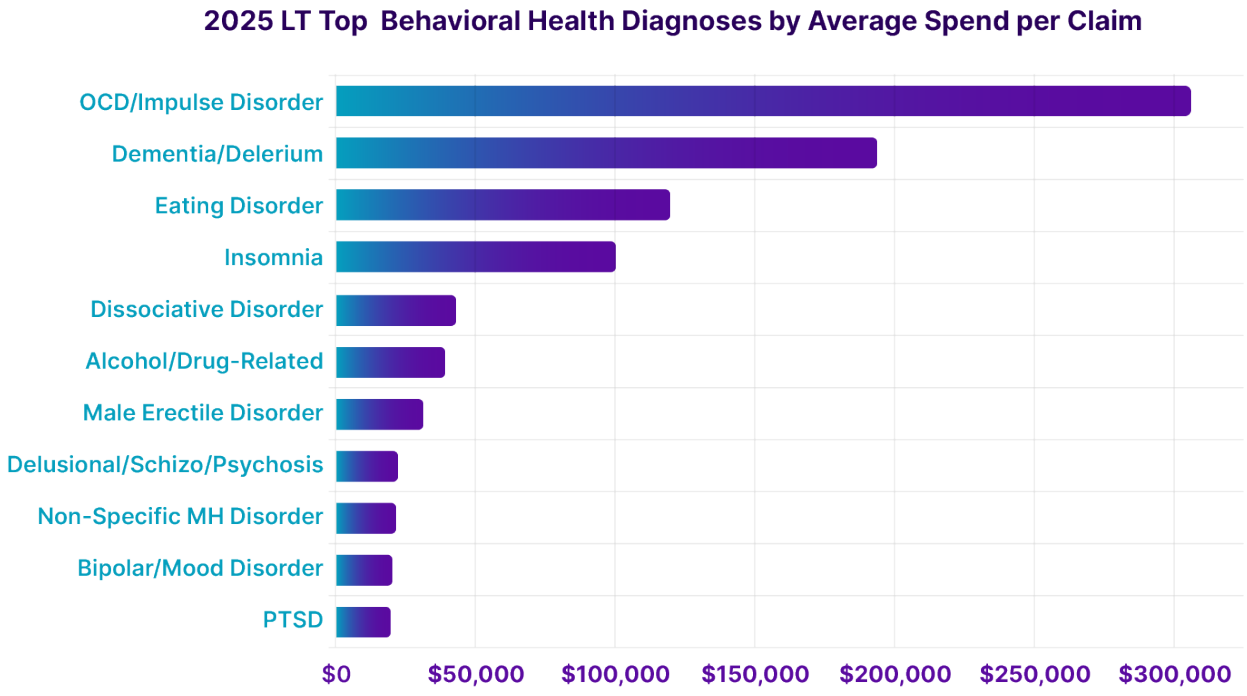

| LT Claims Frequency with Behavioral Health | Longer Treatment Duration with Behavioral Health | Higher Medical Spend with Behavioral Health | Average Behavioral Health Treatments per Claim |
|---|---|---|---|
| 5.9% | 208.2% | 382.0% | 2.5 |
| (+3.5%) | (-9.6%) | (-8.3%) | (+8.7%) |
| 2024 DOL 5.7% | Average 151 Days vs. 49 Days | Average $17.5k vs. $3.6k | 2024 DOL 2.3 |

Insight

LT Claims with Behavioral Health treatments have nearly 4x medical costs & over 2x treatment durations compared to LT claims with no BH treatment.

## Top Behavioral Health Diagnoses

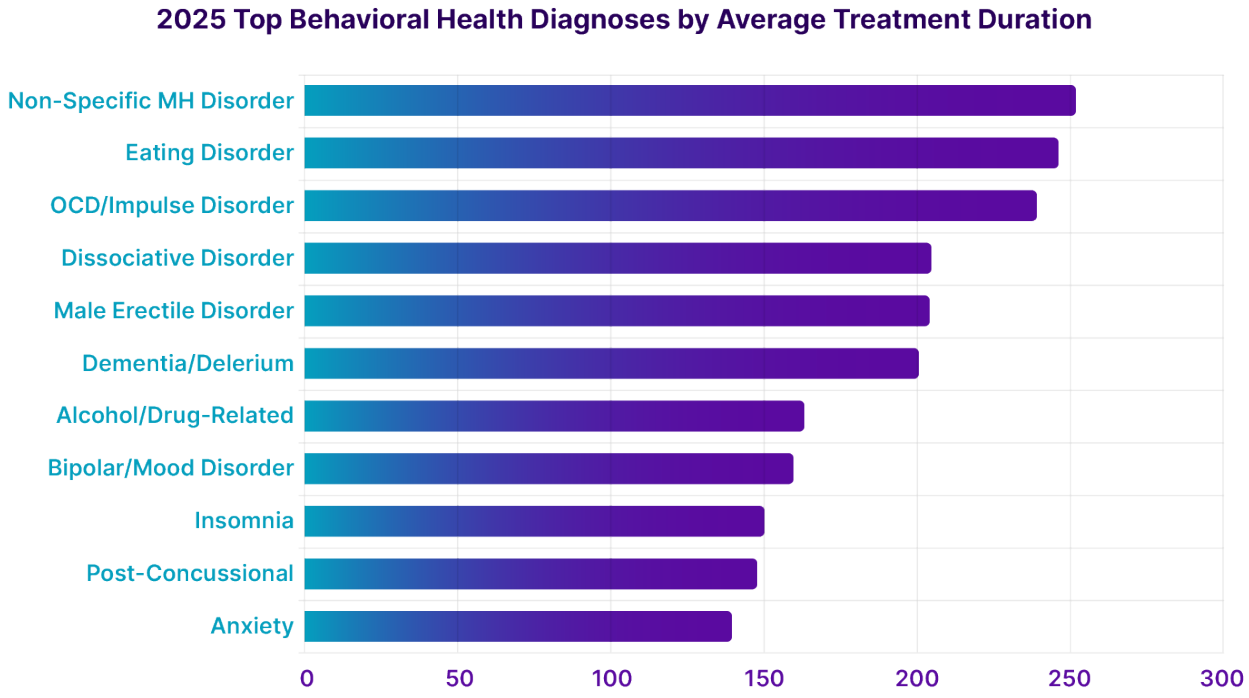
Understanding the impact of behavioral health diagnoses on medical spend and treatment duration.




## Insight

Claims involving psychiatric conditions such as OCD/Impulse Disorders & Dementia/Delirium represent significant cost drivers, with average medical expenses averaging $200k–$300k per claim.

Fortunately, these high-severity diagnoses occur infrequently, representing 0.3% of the population of behavioral health claims.




Insight

Medical treatment duration on behavioral health claims averages 5–8 months for the top diagnoses.

# Workers' Compensation Case Management Claims

## Confounding Factors in Case Management

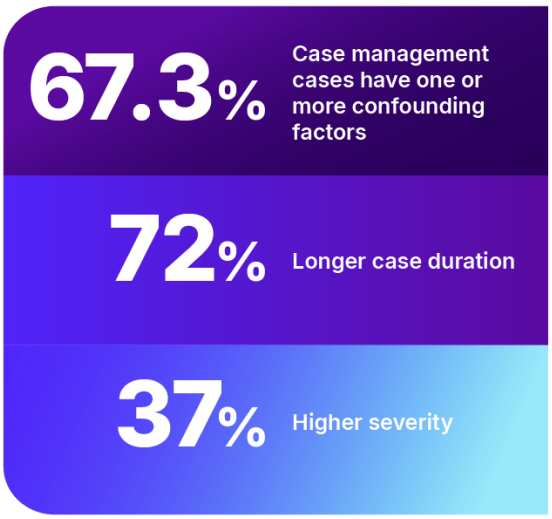
### Confounding Factors Study

Enlyte analyzed 42k telephonic case management (TCM) Managed Full cases and 51k field case management (FCM) full cases in 2025 reviewing comorbidities and confounding factors to determine the impact on case

management claims.

**When assessing both TCM and FCM cases:**

- 67.3% of case management cases have one or more confounding factors (62,469 out of 92,754 total cases)
- Severity (avg. severity score) for cases with confounding factors is 37% higher than cases without (58.7/100 vs 80.5/100)
- Case duration (avg. days open) for cases with confounding factors is 72% higher than cases without (114 days vs 197 days)




| Number of Confounding Factors (CF) | Percentage of All Cases |
|---|---|
| 1 | 37.6% |
| 2 | 26.6% |
| 3 | 18.3% |
| 4+ | 17.5% |

| Top 10 Confounding Factors | |
|---|---|
| **Factor Type** | **Percentage of All Cases** |
| Obesity | 33.8% |
| Surgery | 20.9% |
| Hypertension | 20.3% |
| Attorney Representation | 17.7% |
| Opioids | 13.9% |
| Depression | 11.9% |
| Preexisting Conditions | 11.7% |
| Smoker | 10.9% |
| Diabetes | 9.7% |
| Substance Abuse | 1.6% |

**Impact of Multiple Confounding Factors on FCM Full Medical Cases**

Not surprisingly, the costs and duration of FCM cases increase steadily as more confounding factors occur on a claim, increasing nearly 15%–20% for each additional confounding factor.

| Number of Confounding Factors | Percentage of All Cases | Average Severity per Case | Average Duration per Case |
|---|---|---|---|
| 1 | 35.5% | 76.1/100 | 193 days |
| 2 | 25.4% | 80.8/100 | 218 days |
| 3 | 19.0% | 84.7/100 | 244 days |
| 4+ | 20.0% | 88.3/100 | 292 days |

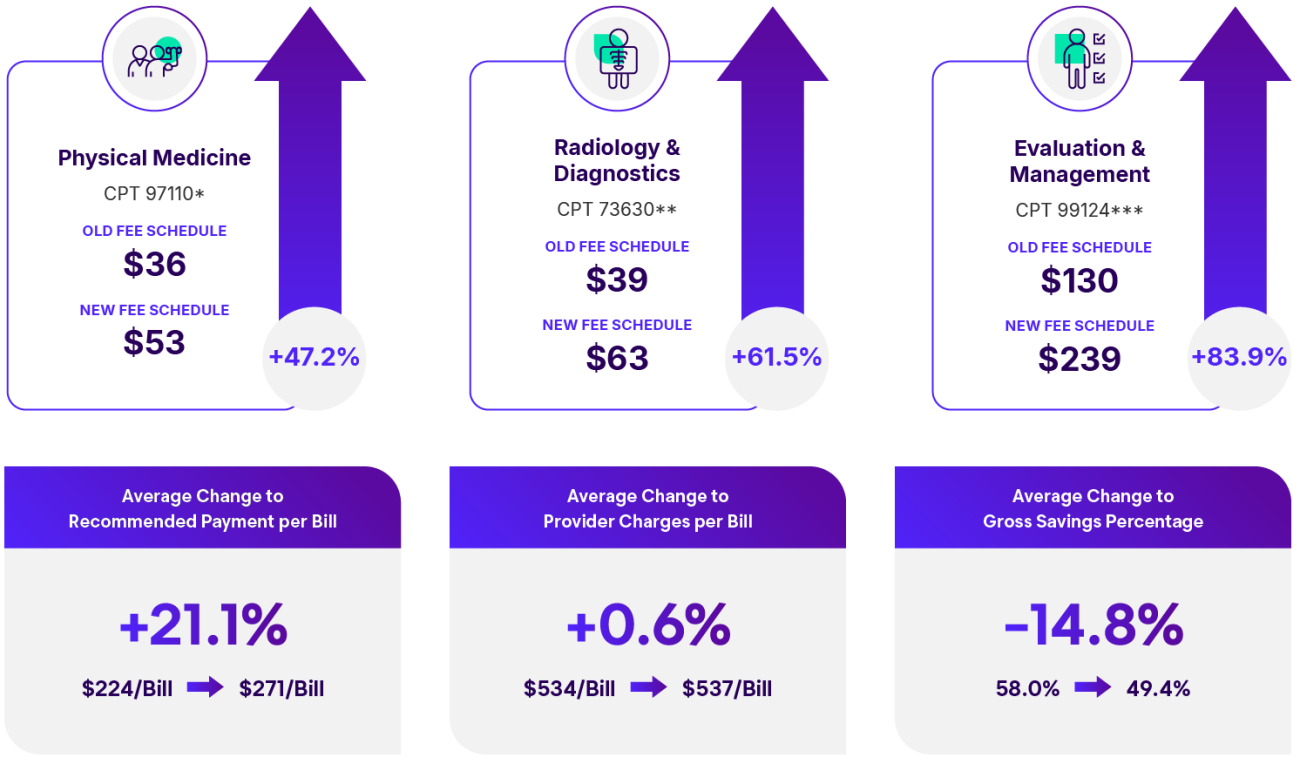
Insight

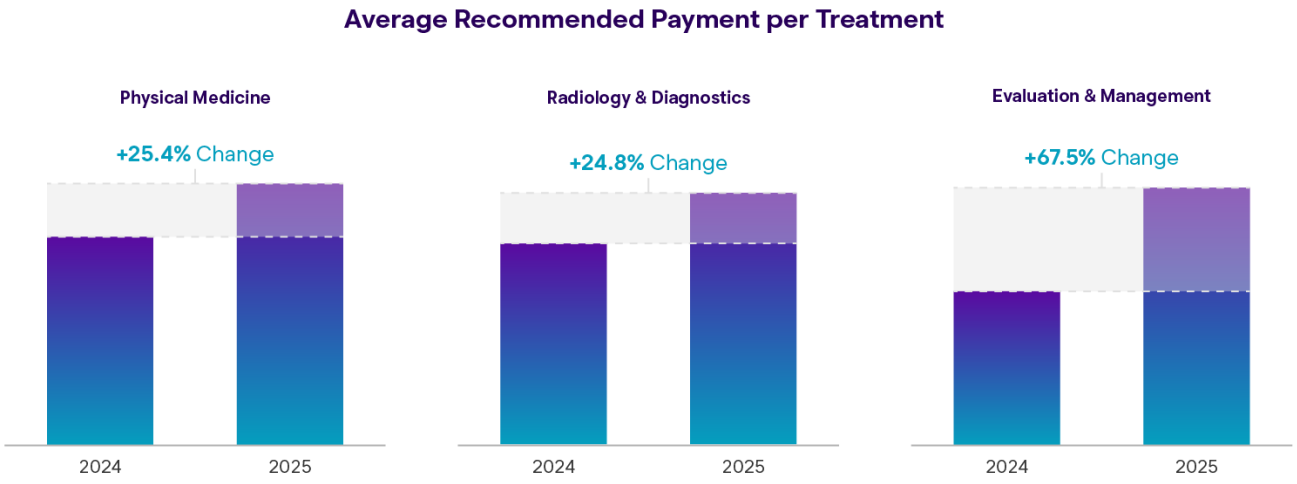
The greater the number of confounding factor, the greater the severity.

# Workers’ Comp: Florida Fee Schedule Impact

The Florida Division of Workers' Compensation implemented substantial fee schedule increases for non-hospital medical services, effective for all treatments provided on or after January 1, 2025. Florida’s reimbursements vary based upon three different reimbursement localities.

**Common Non-Hospital Utilization Categories and CPT Codes**






Insight

Data analysis reveals a 21.1% increase in the BOB average recommended reimbursement per non-hospital medical bill following the implementation in 2025.

Part 2: Behavioral Health

## Dive Into the Complete Trends Report

Explore More

©2022 Enlyte Group, LLC.

mitchell | genex | coventry