Workers' Comp

Health Coaching and Employee Engagement

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2 MIN READ

Promoting Overall Health and Wellness With Injured Employees

Enlyte understands the importance of providing coaching and education. Most injured employees have very limited knowledge in the field of medicine or of the health care system and navigating both can be very confusing. Studies show that low health literacy is directly connected to poor health outcomes. Health coaching and education equips the injured employee to:

- Ask questions about their treatment
- Make informed decisions
- Gain a sense of control
- Feel engaged in their journey to recovery and return to work

Health Coaching Tools Engage the Injured Employee

Healthwise Coach and Communicate is a web-based application is used by Enlyte case managers to provide coaching, education & actionable information to injured employees. Case managers can share printouts, emails, as well as videos and virtual coaching programs with their injured employees. All are available in English and Spanish. The tool provides case managers with access to:

- 8,000+ health topics
- 3,500 patient instructions
- 600 medical tests & procedures
- 11,000+ medications

Successful Patient Education Built on a Foundation of Trust

When the case manager establishes trust they can then educate injured employees on ways to enhance their recovery, allowing them to become a partner in the recovery process. Education is the foundation that empowers the injured employee to make informed decisions and be an active participant in their recovery and return to work plan. Case managers are the coaches that provide the education and promote engagement throughout recovery.

Education must be relevant to the injured employee’s needs, fears and motivations and it must be carried out with a focus on the whole person. For injury recovery to be optimal, we need to focus on more than the primary diagnosis. Health education should include coaching on the importance of a healthy body, healthy life and healthy mind.

Healthier Employees

- Recover faster when injuries do occur
- Have lower health care costs
- Have higher productivity
- More often have lifelong optimal health

Our Goal Is To

- Improve employee knowledge and understanding about their injury or illness and treatment options
- Encourage employees to make informed decisions in partnership with their doctors
- Help employees recognize and overcome non-medical barriers that prevent them from moving forward

For more information or to place a referral, contact us at 1.877.391.2255.

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